

## GRADE SIX HIV EDUCATION

Lesson #	Lesson Title	Concept and Skill Focus
1	Taking Care of Our Changing Bodies	<ul style="list-style-type: none"> <li>▪ Learning why HIV education is important.</li> <li>▪ Learning how HIV can be transmitted.</li> <li>▪ Finding health information from a trusted website.</li> </ul>
2	HIV: Minimizing Risk	<ul style="list-style-type: none"> <li>▪ Learning ways to reduce the risk of HIV transmission.</li> <li>▪ Deciding if situations are risky.</li> <li>▪ Creating a message about HIV prevention.</li> </ul>
3	Assertive Communication	<ul style="list-style-type: none"> <li>▪ Learning ways to clearly communicate with others.</li> <li>▪ Practicing how to speak to others in a clear way.</li> </ul>
4	Respecting Boundaries and Asking for Consent	<ul style="list-style-type: none"> <li>▪ Defining consent.</li> <li>▪ Demonstrating how to respect boundaries.</li> </ul>
5	Challenging Gender Stereotypes	<ul style="list-style-type: none"> <li>▪ Defining stereotypes.</li> <li>▪ Learning how stereotypes can influence people.</li> </ul>



## GRADE SEVEN HIV EDUCATION

Lesson #	Lesson Title	Concept and Skill Focus
1	Understanding Attraction	<ul style="list-style-type: none"> <li>▪ Learning the benefits of being unique.</li> <li>▪ Learning how friends and family can influence beliefs about attraction.</li> </ul>
2	Respecting Personal Boundaries	<ul style="list-style-type: none"> <li>▪ Learning what boundaries are.</li> <li>▪ Practicing how to speak clearly about boundaries.</li> </ul>
3	Sexual Harassment Hurts	<ul style="list-style-type: none"> <li>▪ Learning the rights and responsibilities of students.</li> <li>▪ Using decision making steps to respond to sexual harassment.</li> </ul>
4	HIV: The Power of Prevention <i>*Opt-Out Prevention Lesson</i>	<ul style="list-style-type: none"> <li>▪ Learning how abstinence, condoms, medicine, and testing prevent HIV transmission.</li> <li>▪ Learning how to review a resource to determine if it has accurate information about HIV.</li> </ul>
5	Advocacy in Action: How Our History Can Shape Our Future	<ul style="list-style-type: none"> <li>▪ Learning how advocacy improved HIV prevention and education.</li> <li>▪ Practicing how to advocate for changes to improve the health of kids in New York.</li> </ul>
6	HIV: A Virus Doesn't Define a Person	<ul style="list-style-type: none"> <li>▪ Learning the impact of stigma on people living with HIV.</li> <li>▪ Understanding the influences that shape beliefs.</li> </ul>



## GRADE EIGHT HIV EDUCATION

Lesson #	Lesson Title	Concept and Skill Focus
1	The Building Blocks of Healthy Relationships	<ul style="list-style-type: none"> <li>▪ Learning how to improve relationships.</li> <li>▪ Making a goal to improve relationships.</li> </ul>
2	Repairing Harm in Relationships	<ul style="list-style-type: none"> <li>▪ Learning how a relationship can be unhealthy.</li> <li>▪ Communicating needs and wants.</li> <li>▪ Repairing harm in a relationship.</li> </ul>
3	Understanding Sexual Assault, Sexual Abuse, and Dating Violence	<ul style="list-style-type: none"> <li>▪ Learning signs of sexual assault, sexual abuse, and dating violence.</li> <li>▪ Helping a friend who is experiencing violence.</li> </ul>
4	Making Choices to Prevent Pregnancy, HIV, and Other STIs <i>*Opt-Out Prevention Lesson</i>	<ul style="list-style-type: none"> <li>▪ Learning how condoms can prevent HIV transmission and prevent pregnancy.</li> <li>▪ Learning the value of abstinence.</li> <li>▪ Making decisions when there are barriers to condom use.</li> </ul>
5	Access to Trusted Care and Testing <i>*Opt-Out Prevention Lesson</i>	<ul style="list-style-type: none"> <li>▪ Learning what youth-friendly sexual health services are.</li> <li>▪ Locating local resources.</li> </ul>
6	Respect for All in Middle School	<ul style="list-style-type: none"> <li>▪ Learning school policies and programs that promote a safe and respectful environment.</li> <li>▪ Promoting safety and respect for all students.</li> </ul>

